




# Massage Awareness Week:

## *Take Time Out for Your Health...*



When: Saturday, October 25, 2008

Time: 10:30 am – 3:30 pm


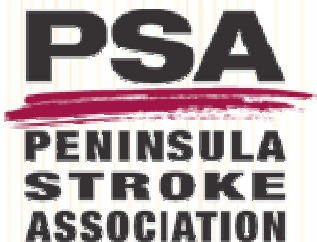
Where: 18900 Stevens Creek Blvd,  
Suite #103, Cupertino 95014



Take Time Out For You! And  
Learn to take good care of your  
health through relaxation with:

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- Massage Therapy
  - A Furry Companion (to increase physical activity for stroke prevention and relaxation by owning a pet with unconditional love)
  - Relaxation Products
  - And Much More!
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**All proceeds will support:**



Join us for bake sale (treats for your furry friend too!), stroke prevention handouts and resources, valuable adoption and pet information, complimentary food and beverages, raffle drawing for great prizes and much more! Bring your family and your friends to this relax and informative event!

*For more information, please contact Marcelyn Estudillo at [acenteredlife1@gmail.com](mailto:acenteredlife1@gmail.com) or Deb Tuck at [deb\\_tuck@pacbell.net](mailto:deb_tuck@pacbell.net).*